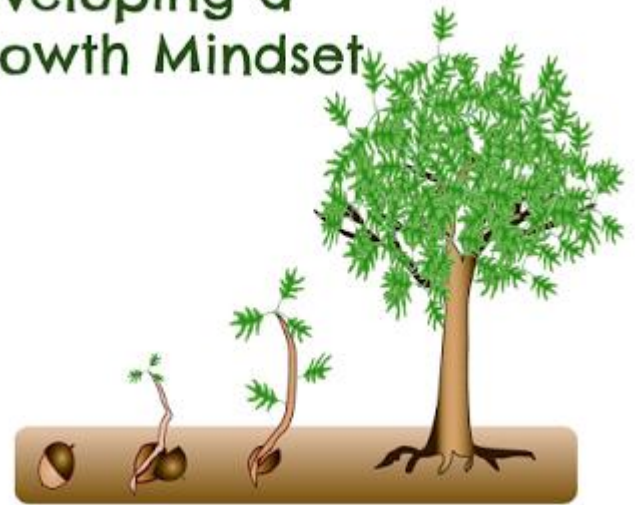


# GROWTH MINDSET

## 5 REVISION TIPS

Developing a  
Growth Mindset



# PRACTICE TESTING...

- Keep testing yourself or each other on what you have got to learn. This has the highest impact in terms of student learning. HOW?
- Create flashcards – question one side, answer the other & keep testing yourself
- Work through past exam papers



# PRACTICE TESTING...

- Quiz each other or yourself on key bits of information
- Create 'fill the gap' exercises for you and a friend to complete
- Create multiple choice quizzes for you and your friends to complete



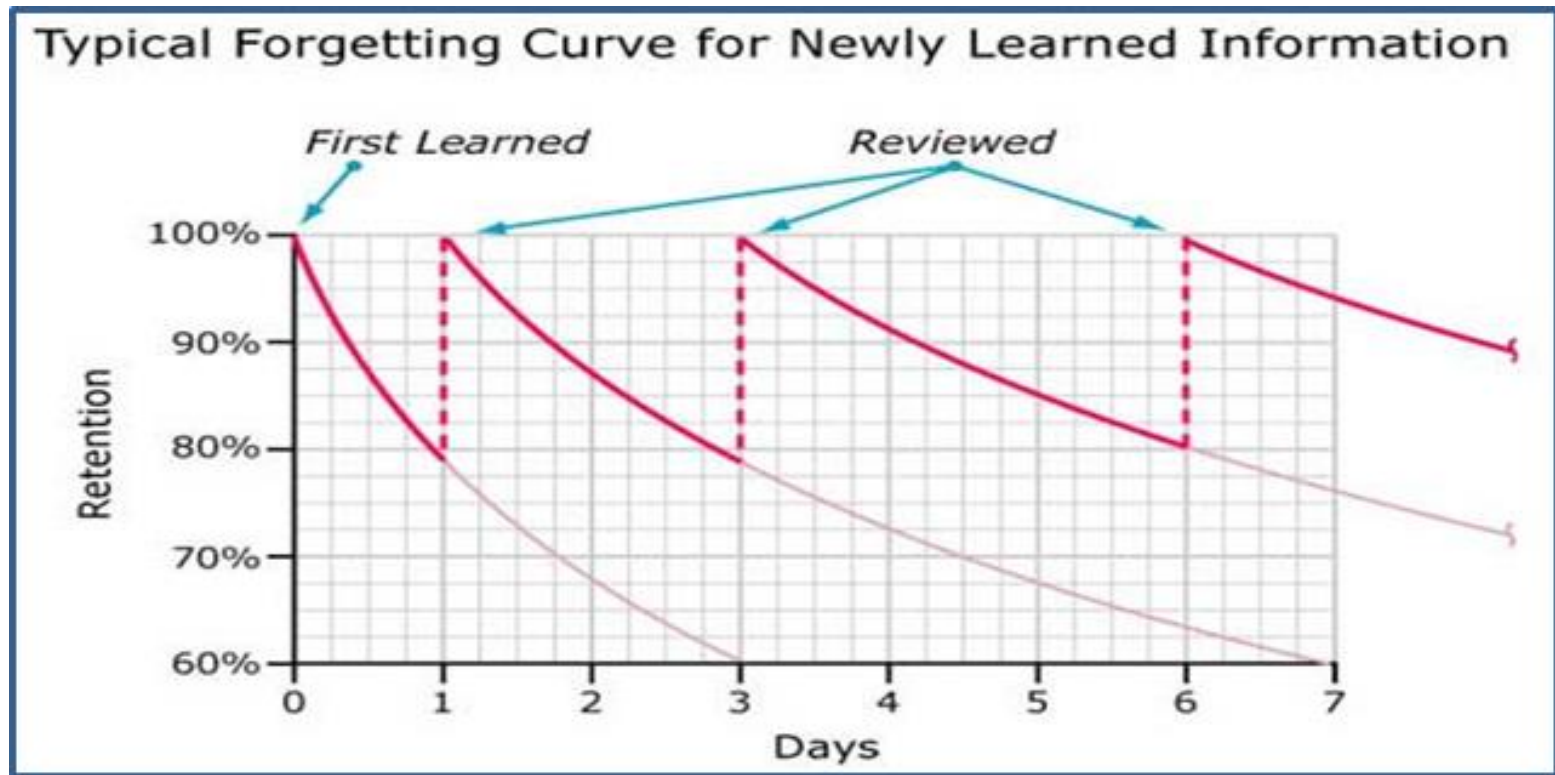
# Distributed Learning

- Don't cram revision for each subject in one session, it's better to space it out from now until exams
- How does this work?
  - it provides you with forgetting time
  - when you return to it you have to think harder which helps you remember
  - the more frequently you come back to a subject the better you remember it



# Space out revision

- Typical forgetting time for newly learned information



# Ask WHY



- One of the best things you can do to support your revision is to ask **WHY?**
- In science, increasing the temperature can increase the rate of a chemical reaction....**why?**
- In geography, the leisure industry in British seaside towns like Barry Island in South Wales has deteriorated in the last 4 decades....**why?**
- In history, in 1929 the American stock exchange collapsed. This supported Hitler's rise to power....**why?**

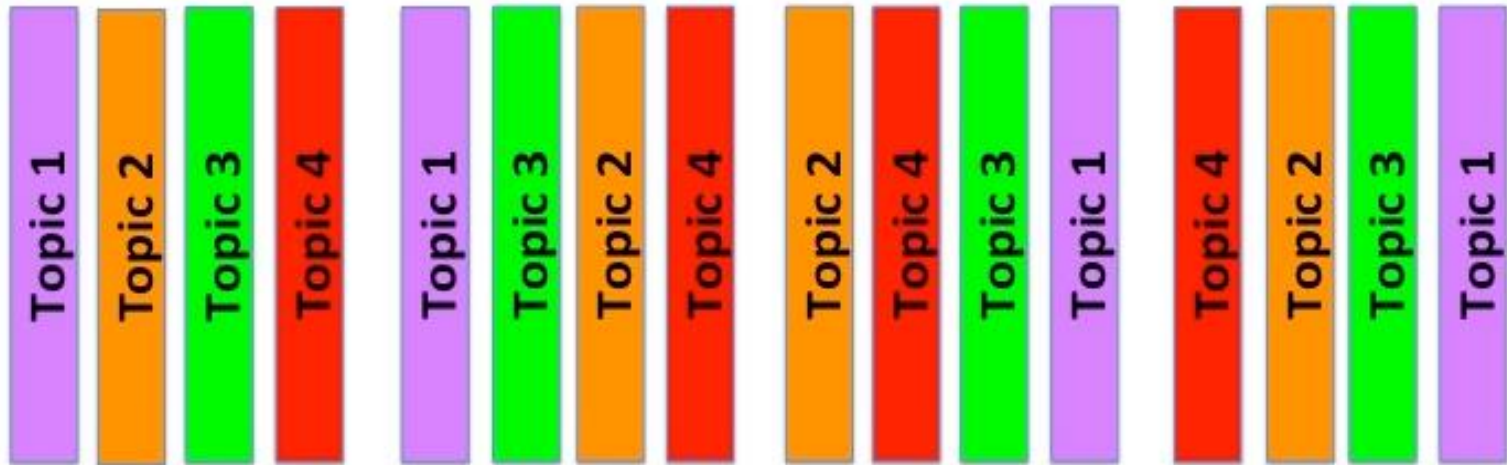
# Link together explanation and information

- The process of creating a mindmap might be a useful tool to help you link information
- The central position is your key idea (existing knowledge) and new material builds around it
- Explain your mind map to someone
- Explain to a friend the steps you took to solve a problem



# Revise in small chunks

- Rather than revising in BIG 'topic blocks' it's better to break up the revision programme into smaller chunks of learning, called interleaving as shown below:





# Interleaving

- This means that you keep coming back to the topics. So, instead of doing a one hour block of revision on topic 1, do 15 minutes on topic 1, then 15 minutes on topic 2, then the same for topics 3 and 4.

